

Bunica Bulletin

Issue 1 2014

Winter 2014

2003- 2013 achievements, results and perspectives

Highlights:

- 2003-2013 results, achievements and perspectives
- Rasarit Day Care Center Innovation
- Two different foundations a common purpose

Upcoming Events

- International Women 's Day
- New Volunteers
- Easter



10 years Anniversary party

Neumanist Association celebrated 10 years of activity in December 2013. Number ten means fulfillment. We would say the whole team, the sponsors and the people who donated money to support the center feel fulfilled.

Neumanist Association started to activate within the day care center Rasarit. In December 2003-35 elderly attended the center. Subsequently the number of beneficiaries has increased and the center became a big and united family. Today, the Day Care Center supports 236 elderly. From December 2003 to December 2013, the center has offered:



- 87 673 lunches (in the center and at home)

- 27 551 people had shower

- 25 762 times were washed elderly clothes, it would mean 128 810 kg

Association also developed other three projects:

- 2005 – Spectru Home for elderly

- 2007 - Home Care - in 15 villages in the Strășeni district

- 2012 - Home Care in Strășeni town

Association serves in average 330 beneficiaries per month.



Interviewing

We asked one of our beneficiary, why she started to come to our center? The answer was very sincere and touching: "Ten years ago, when I started to come, Moldova faced hard economical situation. Elderly didn't received pensions for months, there was no water supply, no heating and even the electricity

was given by hours. Because of this, the people were very stressed, angry and impolite. When I came to ask for help, I was very surprised to see polite people, smiling faces, peace, love and respect for elderly. When you went out the gate, the reality was in dark colors. But here in the center, it was like an island of hope!"

Unfortunately, the economical and social situation in Moldova did not change very much. Neumanist is still trying to help, to support the elderly in need and to continue to be an „island of hope, respect and love”. We thank the sponsors who made this possible during the 10 years of activity and we hope to celebrate other remarkable anniversaries!



Outstanding Human Rights Actions in 2013 Recognised in Moldova

Remarkable achievements in the field of human rights in the Republic of Moldova in 2013 were awarded during a ceremony organized by the United Nations on the occasion of the Human Rights Day, marked annually on December 10.

Broadcast live by the public TV Moldova 1, Radio Moldova and Radio Moldova Youth, the UN Human Rights Gala of Awards brought together high officials, representatives of international organizations and diplomatic corps, civil society organizations and mass media.

The 2013 edition included six awards for outstanding



achievements in the past year: **teatru-spălătorie, Speranța Centre, Centre for Support and Development of Civic Initiatives "Rezonans", Nina Costiuc, Mayor of Budești village, Olga Petica, human rights activist, and Răsărit Day Care Center (Strășeni).**

The center was awarded for action to protect the rights of older persons. More than

300 old persons benefit annually from the services provided by the Centre, including meals, laundry and bathing facilities to housing, medical assistance and social activities. The centre is a model in the provision of social and educational activities to secure the rights of older persons to remain integrated in the community. *Source http://www2.un.md/news_room/pr/2013/HumanRightsGala10Dec/index.shtml*

It was a nice, great and wonderful surprise. Sincere thanks for organizers of the event. It is a high appreciation of our work especially in the context of 10 years celebration.

Rasarit Day Care Center innovations



Dance Club- it is believed that when the Moldavans dance, "heart starts to sing". Everybody who is captivated by traditional steps was invited to discover the beauty and charm of the Moldavan dance.

The choreograph led the couples in their own history. For an hour the dance partner became the most important person in the world. Passion, rhythms, music fly in the air. It is amazing and wonderful to watch the dancers.

Hand made Club – brings together those who are fond of beautiful traditional things. Who learn from their mother and grannies to appreciate colors, shapes and hand-crafts. This activity demands attention, skillfulness and patience.

In Moldova, knitting is a method of decorating woven items, clothing, or other fine crafts. In knitting, a rich variety of loop combinations and technical methods can be used, which result in a diversity of knit models. Knit items represent a treasure of decorative values expressed by the artistic feeling and taste of Moldovan artisans.



Women's Club The beauty has no age.

The participants of the club try to promote this motto during the meetings. They discover the new methods of healthy and happy life.

Women write, study, learn apply and are eager to know more. After each session they improve the knowledge on various topics and share with their friends.

It is unique opportunity for free to become and to feel beautiful.

Winter help

Good traditions continue to surprise and help the beneficiaries of AE Neoumanist.

In 2013, 155 elderly that are in hard and poor situations could get winter help. Each of the elderly got 0,5t of coal and 3m3 of wood for winter time. This is the main thing for heating for most of elderly.

This support generously was offered by MAX Maakt Mogelijk (Holland). This foundation, besides the winter help is supporting Home care in Straseni town for the second year.



Wood delivering



Coal delivering

All the elderly that got the support agreed that during this winter the help they received from MMM constituted the main source of surviving through the severe and cold time.

They all are full of gratitude for this nice and essential support from MMM and wish all the people who donated money for winter help much success and prosperity.

Two different foundations a common purpose

SOM involvement In 2011 it was started a mini project that aims to renovate the houses of the elderly. The ideas come from one of our major sponsor **Basjan Dane** and his team **Karel van Ginneken and Jan Nouwens**. Later on they were joined by **Harmke Nijhof Bianca Eikhoudt, Henk van Kessel, Gerbert Smulders**.



The elderly houses are in appalling conditions, not being repaired for many years.

The elderly are disadvantaged financially, their state pensions are enough only for medicines and hardly for ...food. To buy new cloths or a pair of shoes is

a dream for most of them. To repair the house is impossible.

Now there are four houses that were repaired, the gates and fences are fixed.

The first one was a house in Radeni village. The second in Capriana village, the third Panasesti in the fourth in Scoreni.

It is hard to express the elderly feeling concerning this. They are amazed, surprised and happy. No relative, no neighbor, gave a hand of help. Foreigners, who came from abroad helped and gave a ray of hope for better future.

In 2013 **Max Maakt Mogelijk** Dutch TV channel started a project in Straseni region-repair the house of the elderly. The purpose of this project was to renovate ten elderly houses. The works started in autumn 2013 and till now seven houses were repaired.

Three more will be finished when the weather conditions allow. The changes were so major, the elderly could not believe, but dreams sometimes come true. Sincere thanks MMM and all people who supported the project.

Before



After





ASOCIAȚIA PENTRU EDUCAȚIE NEOUMANIST

Asociația Neumanist
str. Ion Creangă 31
or. Strașeni 3701
Republica Moldova

Telephone: +373 237 28003
Fax: +373 22 29 15 21

email:
org.neohumanist@yahoo.com
www.neohumanist.org
www.neumanist.wordpress.com

Adoption program

Adoption program was initiated by SOM (NHADAM) who involved a lot of people in Holland to adopt a Granny in Moldova. The idea was to support one elderly per month to cover his/her basics needs (food, heating, electricity). This experience was followed by two volunteers that participated in IBO program 2013 Karine Mars and Anja Op't Hoog. They together with other people managed to collect money and adopt eight elderly in 2014. Deep gratitude and respect for them. Here comes the first story of an adopted elderly.

Tereza Sergheeva was born in Chisinau in 1942. She finished 10 classes and started to work at the Carpet Factory. After six years she decided to do operator courses and she was hired to work in a statistical department (a spe-



cific statistic organization in the Soviet period). She worked for 35 years. In 1961 she got married to Dumitru. They had together 2 daughters and 1 son. She suffered a lot when Dumitru died very young in 1991! She has good relations with her children, they are trying to help her, but unfortunately their economic situation is also very hard. Tereza has very big health problems. Her

thyroid was half removed. The liver has a tumor. Because of her bad condition of intestine she is very attentive with the meals. She has the second grade of disability.

She spends a lot of money on the medications. A big amount of her pension is spent for medical prescriptions. Her pension is about 60 euro.

Tereza is a beneficiary from the beginning of our project. She is the most active volunteer. She helps a lot in the Day Care Center and delivers warm meals to the bedridden. When we asked why she is always so willing to help, she said: "somebody is embroidering, somebody likes to play different games, I like to help, to be active, that is making me to feel better!"

Moldavan Traditions Martisor



On the **first day of March** the Moldovans and the Romanians all around the world celebrate the Martisor. They mark the rebirth of life after the hard winter. During this day the men offer to women Martisors and flowers, usually snowdrops.

This symbol is meant to be worn the whole month. At the end of the month you are supposed to attach it by a branch of a tree in order to be rich during the whole year.

The Martisor is designed of two colors: red and white. Red color means fire, blood and sun, symbolizing life, or the woman, while the white color of the stuff means the clear water, or the cleverness of the man. The interlace of the colors shows a harmonious co-existence of those two.

This custom is older than 2,000 years and it looks like the tradition will survive over centuries.

Legend of martisor Once upon a time on the first of march the beautiful Lady Spring saw on a promenade through a forest a lonely Galanthus Nivalis. That snowdrop tried to grow through the snow right to the warm sunlight. Lady

Spring decided to help the small flower and put the snow away from the plant. The winter witch became angry and sent Wind and Frost to freeze the flower. Protective Lady Spring put her hands atop the snowdrop. In doing so she hurt her hands and a single drop of her warm blood fell in the snow which smelt. That was the end of the winter and the spring began!

